

PSHE POLICY

POLICY DATE

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POLICY REVIEWS

LENGTH OF POLICY 3 YEARS

REVIEW DATE MARCH 2023

REVIEW BY PSHE SUBJECT LEADER/ DSL

THE MENDIP SCHOOL

APPROVED BY GOVERNORS

Date approved NA

The Mendip School

Policy for Personal, Social, and Health Education

Rationale.

Personal, Social and Health Education (PSHE) is an important and integral part of the “whole” curriculum. Underpinning any curriculum experience is the promotion of positive self- esteem and confidence, leading to the respect for self and others.

Purposes

Students to;

- Be competent in the skills for everyday living
- Listen to and see others point of view
- Be empowered with the information to make reasoned choices
- Cope confidently and effectively with unfamiliar people and situations
- Take initiative and act responsibly as an individual and member of the family, school and wider community
- Be able to reflect on past experiences which then inform decision making.
- Have realistic goals and targets through a knowledge of strengths and needs

Guidelines

Organisation

PSHE is taught as an integral part of our curriculum. It is taught in accordance with the Scheme of Work, through topic work, discreet lessons or through collapsed timetable events. Teachers are expected to deliver unbiased information and to ensure students explore the range of options that society holds. Teachers who are sensitive about delivering certain parts of the curriculum are able to seek support.

Teaching and learning style

PSHE is taught using a variety of teaching styles such as:

- Discussion
- Role Play
- Active Learning
- Circle times
- Circle games
- Drama
- Using adults other than teachers
- Visits from outside agencies
- Visits to outside agencies
- DVDs
- Small group work
- Debates

Continuity and progression

PSHE is taught throughout the school. Schemes of work have been developed with the involvement of staff and take the pupils through a route which builds on their previous skill and knowledge.

Differentiation

The level of maturity and emotional development of a teaching group influences the teaching style and materials used to deliver aspects of the PSHE programme. Within each lesson the level of support given, choice of language and expected outcomes are directly related to the ability of the students. The content has been modified where necessary to match the developmental level of the pupils.

Cross curricular

Throughout the school, in all aspects of the curriculum, the skills of decision making, communication and working with others are being developed. Other aspects of the content of the PSHE curriculum are reinforced through National Curriculum subjects.

Resources

A broad range of resources are used to support the teaching of PSHE including;

- Books and games
- DVDs
- ICT
- Visits from outside agencies (school nurse, connexions advisor, police)
- Worksheets