

Dear Parents/Carers,

On Friday 9th October we are going to be celebrating World Mental Health Day by taking part in #HelloYellow campaign organised by Young Minds.

The day will be an excellent opportunity for us as a whole school to focus on mental health, its importance, and what it means to be mentally healthy.

Pupils will engage in activities and discussions on the day, exploring and learning about mental health and having fun together.

To make the day special pupils can come to school on 9th October wearing something yellow. This could be something small, e.g. a bow tie, or dressing up in yellow from head to toes! We are also going to be raising money for Young Minds on the day, and we would really appreciate a £1 donation.

There will also be an opportunity for pupils to purchase plain cupcakes that can then be decorated in class bubbles. Pupils are allowed to bring small change to school. We will charge 30p per cupcake, and all profits will go towards supporting Young Minds.

Thank you for your support

Bea Makin

Mental Health Lead